



PAWS & POSES

DOGGY NOSES & YOGA POSES COMBINES THE JOY OF YOGA WITH THE CUDDLES OF ADORABLE RESCUE PUPPIES AND DOGS.

Hydrogen Fitness-Greenwich September 15,2024

10:30-11:30am

Event Highlights:

- **45-Minute Yoga Class:** a mixed-level yoga session while rescue puppies and dogs roam freely, providing cuddles and puppy kisses.
- **15-Minutes of Snuggles:** After yoga, enjoy a "snuggasana" session with the pups.

Tickets: A portion of all ticket proceeds will be donated to One Step Closer Animal Rescue.

- **Advance Purchase:** \$42.50
- **At the Door:** \$45 (space permitting)



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