

Endorphin 5K  
Frankford, NJ 07822

**NJ10535JHP**  
Effective 7/5/2010 to 12/31/2020



ALL DIRECTIONS ARE GIVEN RELATIVE TO THE RUNNING DIRECTION.

**Start:** On Skylands sports complex main drive, at No Parking Sign southwest of first general parking entrance and 36 feet 6 inches west of lamp post on the left.

**Mile 1:** On Route 565, 14 feet after utility pole 103 on the left (south of the Mile 2 mark).

**Turnaround:** On Northrup, 12 feet past (west of) utility pole FK2126 on the left (south side) of the road.

**Mile 2:** On Route 565, 62 feet before utility pole 103 on the right (north of the Mile 1 mark).

**Mile 3:** On cinder track around Skylands ballfield, 18 feet before the 392 mark on the back wall of the field.

**Finish:** At the first dugout entrance to the field on the left.

**Course Notes:** Runners run around the ball field on the cinder track running in the clockwise direction to the dugout at home plate.

